



Leesville Road High School STUNT 2023 Tryout Information

Description of STUNT:

STUNT removes the crowd-leading element of cheerleading and focuses on the technical and athletic components of cheer, including partner stunts, pyramids, basket tosses, group jumps, and tumbling. These elements are put together in short routines that both teams must perform head-to-head on the floor at the same time. The team that executes the skills best wins the round and point and can determine which routine level will be called next. With four quarters of play – partner stunts, pyramids & tosses, jumps & tumbling, and team routine – STUNT is an exciting sport to play, coach, and watch.

Visit <https://stunththesport.org/> for more information on STUNT.

Tryout Requirements:

- Athlete and parent/guardian must sign the Tryout Permission Form
- Must meet the WCPSS eligibility requirements
- Must attend **both** days of tryouts
- Must have an updated Wake County High School Athletic Participation Form on file, which includes a current physical examination, uploaded to DragonFly by **February 10**
- Must be ready to attend all practices beginning **March 1**

Tryout Documents Checklist:

- Forms Uploaded and Approved in DragonFly
- Signed Contract/Permission Form
- Completed Online Interest Form
- Travel Release Form

Please submit all forms to Coach Summer by the first day of tryouts either through the online form, in person, or via email (summerdebnam@gmail.com)

Practice Calendar



STUNT Tryout Information:

Location: LRHS Multi-Purpose Room

Tryout Dates & Times:

- Monday, February 27th – 2:45 – 6:00pm
- Tuesday, February 28th – 3:00 – 6:00pm

Results will be posted on Tuesday evening after tryouts on the LRHS Cheerleading website and on the LRHS Cheer Twitter and Instagram: @cheer_lrhs

Important Dates:

Parent Meeting:

- Wednesday, March 1st – 6:45pm in MPR

STUNT Work Day (Mandatory):

- Saturday, March 4th – 9:00am – 2:00pm in MPR

STUNT Financial Obligations:

The following is a list of items that will be required for this season. Items will be purchased through Johnson-Lambe. Payment for all items will be due **Wednesday, March 1st** in order to receive them before the beginning of the season. Returning team members will not need to purchase all items.

Required Items:

- Team Dues: \$50
- UA Uniform Shorts: \$18*
- UA Sweatshirt: \$40*
- UA Warm-Up Pants: \$40**
- Backpack: \$45**
- White Cheer Shoes: Purchase on own**

* Items are the same as previous seasons. Returning members will not be required to repurchase.

** Items are the same that were used during cheer seasons and will not need to be repurchased by those who participated in cheer.

Attire for Tryouts:

Monday:

- Shorts and t-shirt or tank top in LRHS colors (Green, Blue, or White), cheer shoes, hair up

Tuesday:

- Navy shorts, plain white t-shirt or tank top, cheer shoes, hair up
- No jewelry. No exceptions.